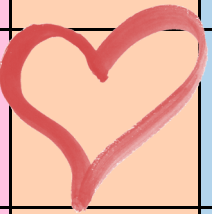


FEBRUARY CONNECTION CHALLENGE



Complete a week of connecting and 7 connection squares with your friends, family and neighbours and win a gift card for **\$200!**

Connect with a significant other (friend, spouse, relative)	Connect with your family	Connect with a Grouch – do a grouch a favour day	Laugh with someone	Enjoy some alone time
Connect with a Senior	Connect with your best friend	Connect with a Neighbour	Colour or draw a picture for someone	Smile at someone you don't know
Write a thank you note to a front line worker	Connect with someone new		Make someone laugh	Say "Hello" to someone you don't know (yet)
Perform a random act of kindness	Play an interactive game with someone you know	Ask someone to share a story with you	Connect with a teacher (retired or active)	Connect by playing a game
Leave a kind note for someone	Write a letter to yourself	Tell someone you care about them	Write down your favourite memories/ events	Place an encouraging message or picture in your window

CONTEST RUNS FEBRUARY 14-21, 2021.

Share your progress!

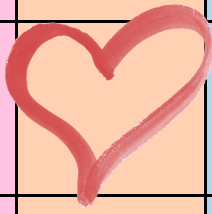
#FebruaryConnect #StonyPlainTogether #SpruceGroveTogether

We encourage everyone to keep playing, talking and connecting with each other throughout 2021.

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The Entry Form

Name	
Address	
Phone	
Email	

As a result of this challenge, I feel more connected with others in my community:

- Strongly Agree
 Somewhat Agree
 Agree
 Disagree
 Somewhat Disagree
 Strongly Disagree

Share a story:

The thing we liked best was:

The thing we liked least was:

Suggestions:

The Rules

- The challenge runs Feb 14 - Feb 21, 2021
- Everyone is welcome to play but contestants must be Tri Region residents.
- Only one entry per household/family.
- You MUST follow all current guidelines on physical distancing.
- A minimum of 7 connections must be completed.
- Share a story about your experience! A line or two will do.
- Mark which activities you do on the challenge card - try to complete more than one per day!
- Include as many people as possible - don't just count your daily call to Grandma!
- Incomplete entry forms and/or entries that don't meet the minimum required connections will not be accepted.
- Winners will be chosen randomly.
- Prizes will be awarded to the person named on the entry form.
- Unclaimed prizes will be donated to Parkland Neighbourlink.

Submit Entry by 4PM February 24, 2021

Send photo of scan of card to pfcss@stonyplain.com OR drop off in person at:

- Stony Plain FCSS, 107, 4613-52 Ave, Stony Plain
- Spruce Grove FCSS, 505 Queen Street, Spruce Grove

The Prizes

\$200 gift card
\$100 gift card
2 gift baskets valued at \$50 each.

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